

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



August 2018

Leroy Rogers Senior Center

1 10am *Bible Study 10:15 *Chair Yoga 1pm Bridge	2 NO EXERCISE 10am *Public Hearing (AAA) 10am Foster Grandparents 12pm Kiwanis (regular meeting)	3 9:30 *Tai Chi 10am Errand Day	4
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5 9am *Exercise 10:15 *Chair Yoga	6 9am *Exercise 10am Nursing Home Visits	7 10am *Bible Study 10:15 *Chair Yoga 1pm Bridge Betty's B-Day	8 9am *Exercise 10am *Music 4pm *Alzheimer's Support 12pm Kiwanis (board meeting)	9 9:30 *Tai Chi 10am Advisory Meeting (LRSC Seniors Only)	10
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12 9am *Exercise 10am Medicare Counseling 10:15 *Chair Yoga	13 9am *Exercise 10am Crafts w/Kim	14 10am *Bible Study 10:15 *Chair Yoga 1pm Bridge	15 9am *Exercise 10am *BP/BS Checks 12pm Kiwanis (regular meeting) Ray's B-Day	16 9:30 *Tai Chi 10am Bingo w/ResCare	17
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19 9am *Exercise 10:15 *Chair Yoga	20 9am *Exercise 10am *Singing Samaritans	21 10am *Bible Study 10:15 *Chair Yoga 1pm Bridge	22 9am *Exercise 10am *Music	23 9:30 *Tai Chi 10am Errand Day	24
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26 9am *Exercise 10:15 *Chair Yoga Gladys' B-Day	27 9am *Exercise 10am *God's Singing Soldier	28 10am *Bible Study 10:15 *Chair Yoga 1pm Bridge	29 9am *Exercise 10am Let's Go To the Movies	30 9:30 *Tai Chi 10am Butterbean Auction w/Bethany Hospice	31 Please Join Us for our Tai Chi class each Friday, Aug. 3rd-Sept. 7th at 9:30am.
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