



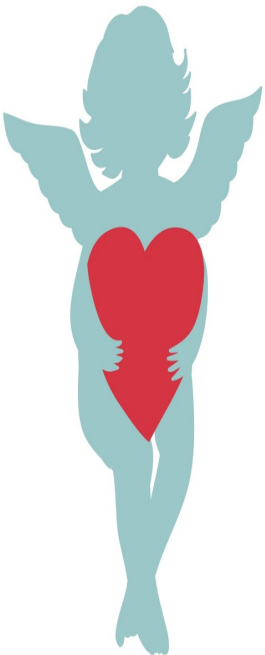


| Sunday   | Monday   | Tuesday   | Wednesday  | Thursday  | Friday  | Saturday  |
|--|--|---|--|---|---|---|
| <b>PLEASE JOIN US!!</b><br><b>2-3</b> Dr. Margaret Nixon's Healthy Hearts Presentation<br><b>2-14</b> Lunch & Learn w/Dr. Jonathan Tronolone<br> |  |   | 10am *Bible Study<br>1   | 9am *Exercise<br>10am Easy Does It Trivia<br><b>10am Foster Grandparents</b><br>GHD Puzzle<br><b>Ruth's B-Day</b><br><small>Groundhog Day</small> | 10am<br><b>"Pink Goes Red" Event</b><br>(AKA Sorority)<br> | 4   |
|  | 5 9am *Exercise<br>10:15 *Chair Yoga<br>6  | 9am *Exercise<br>10am *Singing w/Linda<br>7   | 10am *Bible Study<br><b>Vera's B-Day</b><br>8  | 9am *Exercise<br>10am *Music<br><b>12pm Kiwanis</b><br><b>4pm Alzheimer's</b><br>9  | 10am BINGO w/Cindy<br>10  | 11<br><small>Tu B'Shevat</small>  |
|  | 12 9am *Exercise<br>10:15 *Chair Yoga<br>13  | 9am *Exercise<br><b>11am Lunch &amp; Learn --TRMC</b><br><small>Valentine's Day</small><br>14 | 10am *Bible Study<br>15  | 9am *Exercise<br>10am *BP/BS Checks<br><b>12pm Kiwanis</b><br>16  | 10am Crafts with Allison (Rehabilitation Services of Tifton)<br><b>7pm SELF</b><br>17   | 18<br> |
|  | 19 9am *Exercise<br>10:15 *Chair Yoga<br><small>Presidents' Day (US)</small><br>20 | 9am *Exercise<br>10am *Singing Samaritans<br>21   | 10am *Bible Study<br>22  | 9am *Exercise<br>10am *Music<br><b>12pm Kiwanis</b><br><b>Ethel's B-Day</b><br>23   | 10am Butterbean Auction<br><b>LOVE</b><br>24  | 25<br><b>Jess' B-Day</b>  |
|  | 26 9am *Exercise<br>10:15 *Chair Yoga<br>27  | 9am *Exercise<br>10am Crafts w/Kim<br><b>Agnes' B-Day</b><br><small>Mardi Gras</small><br>28  |  |   |   |   |



**FRIENDSHIP**

**February 2017**  
 Leroy Rogers Senior Center