

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



3 9am *Exercise
10:15 *Chair Yoga

4 9am *Exercise
9:30am **Farmer's Market**



5 10am *Bible Study
10:15 *Chair Yoga
1pm **Bridge**

6 9am *Exercise
10am Crafts w/Tasha
10am ***Foster Grandparents**
12pm **Kiwanis**



10 9am *Exercise
10am ***Georgia Cares**
10:15 *Chair Yoga

11 9am *Exercise
10am Crafts w/Kim

12 10am *Bible Study
10:15 *Chair Yoga
1pm **Bridge**

13 9am *Exercise
10am *Music
12pm **Kiwanis**
4pm ***Alzheimer's Support**
Flag Day (US)

14 10am **JINGO**
7pm ***SELF**

15 16 ***Driver Safety Course**
9am to 4pm



17 9am *Exercise
10:15 *Chair Yoga

18 9am *Exercise
10am *Singing Samaritans

19 **No Bible Study**
10am **USDA Outreach**
(LRSC Seniors ONLY)
10:15 *Chair Yoga
1pm **Bridge**

20 9am *Exercise
10am The Longest Day **(AKA'S)**
12pm **Kiwanis**
Summer Begins

21 10am **BINGO**
w/ResCare



24 9am *Exercise
10:15 *Chair Yoga
Robert's B-Day

25 9am *Exercise
10am *Expressing Gratitude

26 10am *Bible Study
10:15 *Chair Yoga
1pm **Bridge**
Virginia's B-Day

27 9am *Exercise
10am *Music
12pm **Kiwanis**

28 10am Errands
29 30

"Character cannot be developed in ease and quiet. Only through experience of trial and suffering can the soul be strengthened, ambition inspired, and success achieved."

--[Helen Keller](#)