

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>May 2018</p> <p>Leroy Rogers Senior Center</p>		<p>9am *Exercise 1</p> <p>11:30 *OAM Kickoff Luncheon @FBC</p> <p>BOGO @Salvation Army</p> <p>May Day</p>	<p>10am *Bible Study 2</p> <p>10:15 *Chair Yoga</p> <p>1pm Bridge</p>	<p>9am *Exercise 3</p> <p>10am Foster Grandparents</p> <p>10:15 *Tai Chi</p> <p>12pm Kiwanis</p>	<p>10am Errand Day 4</p> <p>9am and 1:30pm *Living w/Low Vision @FBC</p> <p>The Art of Aging</p> <p>Cinco de Mayo</p>	5
<p>young at Heart</p>	<p>6 9am *Exercise 7</p> <p>10:15 *Chair Yoga</p> <p>#OAM18</p>	<p>7 9am *Exercise 8</p> <p>10am Crafts w/Kim</p> <p>BOGO @Salvation Army</p>	<p>8 10am *Bible Study 9</p> <p>10:15 *Chair Yoga</p> <p>12 noon *Senior Fish Fry</p> <p>1pm Bridge</p>	<p>9 9am *Exercise 10</p> <p>10am *BP/BS Checks</p> <p>10:15 *Community Tai Chi</p> <p>12pm Kiwanis</p> <p>4pm Alzheimer's Support</p>	<p>10am BB Auction 11</p> <p>Happy Older Americans Month</p>	12
<p>Wilma's Birthday</p> <p>Mother's Day</p>	<p>13 9am *Exercise 14</p> <p>10am *Medicare Counseling</p> <p>10:15 *Chair Yoga</p> <p>3pm *Board Game Day @FBC</p> <p>Jose's Birthday</p>	<p>14 9am *Exercise 15</p> <p>10am *Singing Samaritans</p> <p>2pm *Community Bingo @Cypress Pond</p> <p>BOGO @Salvation Army</p> <p>Nellie Ruth's Birthday</p>	<p>15 10am *Bible Study 16</p> <p>10:15 *Chair Yoga</p> <p>1pm Bridge</p> <p>First Day of Ramadan</p>	<p>16 9am *Exercise 17</p> <p>10am Nutrients & Older Adults</p> <p>11:30am *Senior Picnic @TCRD</p> <p>12pm Kiwanis</p> <p>5:30pm *Legal Seminar (Dinner) @LRSC</p>	<p>10am BINGO (ResCare) 18</p> <p>7pm *SELF</p>	<p>19 #OAM18</p> <p>Armed Forces Day</p>
<p>First Day of Shavuot</p>	<p>20 9am *Exercise 21</p> <p>10:15 *Chair Yoga</p> <p>10:30am *Trees 4 Bees by UGA Ext. @LRSC</p>	<p>21 9am *Exercise 22</p> <p>10am Advisory Meeting</p> <p>BOGO @Salvation Army</p> <p>Roy's Birthday</p>	<p>22 10am *Bible Study 23</p> <p>10:15 *Chair Yoga</p> <p>1pm Bridge</p>	<p>23 9am *Exercise 24</p> <p>10am Color Me Healthy</p> <p>9am 4H Fun Rotations @UGA Ext. Office</p> <p>12pm Kiwanis</p>	<p>10am BINGO (Tifton Drug Company) 25</p> <p>2pm *Butterbean Auction @Maple Court</p>	<p>26</p>
<p>#OAM18</p>	<p>27 No Exercise 28</p> <p>CLOSED IN OBSERVANCE OF MEMORIAL DAY</p> <p>Memorial Day</p>	<p>28 9am *Exercise 29</p> <p>10am Stress Management</p> <p>BOGO @Salvation Army</p> <p>Lewis' Birthday</p>	<p>29 No Bible Study 30</p> <p>10:15 *Chair Yoga</p> <p>11am *Senior Luncheon @LRSC</p> <p>1pm Bridge</p>	<p>30 9am *Exercise 31</p> <p>10am Crafts</p> <p>12pm Kiwanis</p>	<p>OLDER AMERICANS MONTH</p> <p>ENGAGE AT EVERY AGE: MAY 2018</p>	

315 West 2nd Street, Tifton, GA 31793 229-556-6189 all (*) are open to 50+ Fran Kinchen, Director ** Natasha Patrick, Site Manager

ENGAGE AT EVERY AGE: MAY 2018