



Leroy Rogers Senior Center

November 2018



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>We give thanks</i>				1 9am *Exercise 10am *Music	2 (SHUTTLE) 10am 'Free Day' Coffee & conversations Puzzles	3
4	5 9am *Exercise 10:15 *Chair Yoga	6 9am *Exercise 10am JINGO	7 (SHUTTLE) 10am *Bible Study 10:15 *Chair Yoga 1pm Bridge Tasha's B-Day	8 9am *Exercise 10am *BP/BS Checks	9 (SHUTTLE) 10am *Nutrition Education— (Vitamin D)	10
11 Harry's B-Day	12 CLOSED IN OBSERVANCE OF VETERANS DAY	13 9am *Exercise 10am Crafts w/Kim 10am *Power of Attorney Clinic	14 (SHUTTLE) 10am *Bible Study 10:15 *Chair Yoga 1pm Bridge	15 9am *Exercise 10am *Music	16 (SHUTTLE) 10am "I am Thankful For" 11:30 Thanksgiving Lunch (LRCS ONLY) 7pm *SELF	17 Joyce R's B-Day
18	19 9am *Exercise 10am *Harris Pro Care 10:15 *Chair Yoga	20 9am *Exercise 10am *Singing Samaritans	21 (SHUTTLE) 10am *Bible Study 10:15 *Chair Yoga 1pm Bridge Mamie A's B-Day	22 Happy Thanksgiving CLOSED FOR THANKSGIVING	23 CLOSED FOR THANKSGIVING 	24
25	26 9am *Exercise 10:15 *Chair Yoga	27 9am *Exercise 10am BB Auction	28 (SHUTTLE) 10am *Bible Study 10:15 *Chair Yoga 1pm Bridge	29 10am *Music 10am *Medicare Open Enrollment	30 (SHUTTLE) 10am BINGO w/Rescare	

thankful