

Sunday

Monday



Tuesday


Wednesday

Thursday


Friday



Saturday

 <h1>NOVEMBER 2023</h1> <h2>Leroy Rogers Senior Center</h2>		<p>1 9am *Line Dance 10am *Medicaid Transition Tour 10:15 *Chair Yoga</p>	<p>2 9am *Exercise 10am Errand Day</p>	<p>3 10am Visiting Angels (Taylor)</p>	<p>4 </p>
--	--	---	--	--	--

<p>5 </p> <p>9am *Exercise 10am The Price Is Right 10:15 *Chair Yoga</p>	<p>6 9am *Exercise 10am *Computer Class 10:15 *Chair Yoga</p>	<p>7 NO EXERCISE 10am *Computer Class Tasha's Birthday</p>	<p>8 9am *Line Dance 10am *Bible Study 10:15 *Chair Yoga</p>	<p>9 9am *Exercise 10am *BP/BS Checks w/Tendercare 12pm Kiwanis</p>	<p>CLOSED VETERANS DAY Veterans Day Remembrance Day (Canada)</p>	<p>Harry's Birthday</p>
---	---	--	--	---	---	--------------------------------

<p>12 9am *Exercise 10am Medication Management 10:15 *Chair Yoga</p> <p><small>Diwali (Hindi)</small></p>	<p>13 9am *Exercise 10am Crafts w/Kim 10:15 *Chair Yoga</p>	<p>14 9am *Exercise 10am Crafts w/Kim</p>	<p>15 9am *Line Dance 10am *Bible Study 10:15 *Chair Yoga</p>	<p>16 9am *Exercise 10am Errand Day</p>	<p>17 Thanksgiving Luncheon (LRSC Seniors) 7pm *SELF Joyce's Birthday</p>	<p>18</p>
--	---	---	---	---	--	-----------

<p>19 9am *Exercise 10am Nutrition Education 10:15 *Chair Yoga</p>	<p>20 9am *Exercise 10am I am Thankful For...</p>	<p>21 9am *Exercise 10am *Bible Study 10:15 *Chair Yoga</p>	<p>22 9am *Line Dance 10am *Bible Study 10:15 *Chair Yoga</p>	<p>23  <small>Thanksgiving Day (US)</small></p>	<p>24</p>	<p>25</p>
--	---	---	---	---	-----------	-----------

<p>26 </p> <p>9am *Exercise 10am Medication Management 10:15 *Chair Yoga</p>	<p>27 9am *Exercise 10am BINGO 10:15 *Chair Yoga</p>	<p>28 9am *Exercise 10am *Bible Study 10:15 *Chair Yoga</p>	<p>29 9am *Line Dance 10am *Bible Study 10:15 *Chair Yoga</p>	<p>30 9am *Exercise 10am *Singing w/Deloris</p>	<p>Give thanks to the Lord, for he is good, His love endures Forever! Psalms 107:1 </p>
---	--	---	---	---	--