

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				9am *Exercise <b>10am Errand Day</b>	10am Games w/Crossroads Community Source	
4 <b>CLOSED IN OBSERVANCE OF LABOR DAY</b> Labor Day	5 9am *Exercise 10am Games w/Visiting Angels 	6 10am *Bible Study <b>Minister Copeland</b> 10:15 *Chair Yoga 1pm *Bridge	7 9am *Exercise 9:30am *Movie Day <b>**Do You Believe</b>	8 10am BINGO w/Hospice Care Options 	9 10am Games w/Bethany Hospice <b>7PM *SELF</b>	10 17 24
11 Grandparents Day	12 9am *Exercise <b>10:15 *Chair Yoga</b>	13 9am *Exercise <b>10am *Alzheimer's Support</b> <b>12 pm *Lunch-n-Learn</b> <b>"Nursing Home/Assisted Living -Joey Marta"</b>	14 10am *Bible Study <b>Minister Hester</b> 10:15 *Chair Yoga 11am Cooking Matters 1pm *Bridge	15 9am *Exercise 10am Crafts w/Kim	16 10am Games w/Bethany Hospice <b>7PM *SELF</b>	17 24
18 9am *Exercise <b>10:15 *Chair Yoga</b> <b>Verian and Christine's Birthday</b>	19 9am *Exercise 10am Games w/Visiting Angels	20 10am *Bible Study <b>Pastor Harris</b> 10:15 *Chair Yoga 11am Cooking Matters	21 9am *Exercise 10am BINGO w/Always Caring Senior Care Autumn Begins	22 <b>Birthday Social</b> 	23 10am Games w/Bethany Hospice <b>7PM *SELF</b>	24 24
25 Rosh Hashanah Begins	26 9am *Exercise <b>10:15 *Chair Yoga</b>	27 9am *Exercise 10am *Music w/Deloris	28 10am *Bible Study <b>Pastor Harris</b> 10:15 *Chair Yoga 11am Cooking Matters 1pm *Bridge	29 9am *Exercise 10am *Fire Safety --Tift County Fire Dept	30 10am *Pound Cake & Poetry With Ms. Winnie 	PLEASE JOIN US!! 

**September is National Senior Center Month**