

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



October 2022

LEROY ROGERS SENIOR CENTER



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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	2 9am *Exercise 10am Errand Day 10:15 *Chair Yoga Chris' B-Day	3 9am *Exercise 10am Computer Class <small>Yom Kippur Begins</small>	4 9am *Line Dance 10am *Bible Study 10:15 *Chair Yoga 1pm Bridge	5 9am *Exercise 10am Games w/Visiting Angels	6 10am Games w/Crossroads Robert's B-Day	7 8
	9 9am *Exercise 10am Advisory Meeting 10:15 *Chair Yoga <small>Columbus Day (US) Indigenous Peoples' Day Thanksgiving Day (Canada)</small>	10 9am *Exercise 10am *Computer Class <small>Sukkot Begins</small>	11 9am *Line Dance 10am *Bible Study 10:15 *Chair Yoga 1pm Bridge	12 9am *Exercise 10am Halloween Craft Nutrition Education	13 10am BINGO w/Hospice Care Options 	14 15
	16 9am *Exercise 10am BINGOSIZE 10:15 *Chair Yoga <small>Simchat Torah Begins</small>	17 9am *Exercise 10am *Computer Class Gwen's B-Day	18 9am *Line Dance 10am *Bible Study 10:15 *Chair Yoga 1pm Bridge	19 9am *Exercise 10am Crafts w/Kim	20 10am BINGOSIZE 7pm *SELF DANCE	21 22
	23 9am *Exercise 10am Music w/Deloris Open Enrollment 10:15 *Chair Yoga <small>Diwali (Hindi)</small>	24 9am *Exercise 10am Computer Class	25 9am *Line Dance 10am *Bible Study 10:15 *Chair Yoga 1pm Bridge	26 9am *Exercise 10am BINGO/All Caring Senior Care	27 10am Pound Cake & Poetry W/ Mrs. Winnie Birthday Social	28 29
	30 9am *Exercise 10am Trivia/Word Games Nutrition Education 10:15 *Chair Yoga <small>Halloween</small>					
<h1>Happy Fall Y'all!!</h1>						