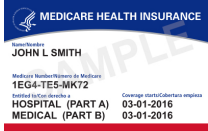









Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Older Americans Month Let's have some FUN!	9am Seniorcize 1 10am Senior Advisory NO CHAIR YOGA!!! May Day	9am Seniorcize 2 10am Computer Class 11:30am Older American Month Kick-Off Luncheon	9am Line Dance 3 10am Bible Study 10:15am CHAIR YOGA 1pm Bridge	9am Seniorcize 4 10:30am Medicare Update 	10am Ask A Cop Lt. Dunstun, COT Police Dept  Cinco de Mayo	OLDER AMERICANS MONTH  AGING UNBOUND: MAY 2023
OLDER AMERICANS MONTH AGING UNBOUND: MAY 2023	7 9am Seniorcize 10am Errand Day 10:15am CHAIR YOGA 12pm Ministerial Meeting 2pm Game Day at First Baptist	8 9am Seniorcize 10am Computer Class 10am Alzheimer's Group Senior Picnic Americus, Ga. W. Stubbins Birthday	9 9am Line Dance 10 10am Bible Study 10:15am CHAIR YOGA 1pm Bridge 11:30 *Bowling (Tift Co. Lanes)	11 9am Seniorcize 10am Crafts with Kim 11:30 *BINGO 12pm Kiwanis	12 10am Spiro 100 	13 OLDER AMERICANS MONTH  AGING UNBOUND: MAY 2023
Jose's Birthday Mother's Day National Skilled Nursing Care Week	14 9am Seniorcize 15 10am Crafts with Tasha 10:15am CHAIR YOGA Jose's Birthday Nellie Ruth's Birthday	16 9am Seniorcize 10am Computer Class 	17 NO LINE DANCE!! 10am Old School Groove Party with JJ 10:15am CHAIR YOGA 1pm Bridge	18 9am Seniorcize 10am Senior Steppers Light walking to music 11:30am Pizza Party	19 10am A Healthy JINGO 7pm SELF Dance	20 9am AARP Driver Safety  Armed Forces Day
21 9am Seniorcize 10am Bingo with Nicole 10:15am CHAIR YOGA 2pm Game Day at First Baptist Victoria Day (Canada)	22 9am Seniorcize 10am Computer Class 2:30pm Sock Hop Musical Bingo	23 9am Seniorcize 10am Computer Class 2:30pm Sock Hop Musical Bingo	24 9am Line Dance 10am Bible Study 10:15am CHAIR YOGA 1pm Bridge	25 9am Seniorcize 10am Bingo with Always Caring 11:30am Mindful Meditation 12pm Kiwanis Shavuot Begins	26 10am Crafts with Angela Bethany Hospice	27 OLDER AMERICANS MONTH  AGING UNBOUND: MAY 2023
OLDER AMERICANS MONTH AGING UNBOUND: MAY 2023	28 CLOSED IN OBSERVANCE OF MEMORIAL DAY Memorial Day	29 9am Seniorcize 10am Computer Class 	30 9am Line Dance 31 10am Computer Class 11:30am Grand Finale Luncheon First Baptist Church 1pm Bridge	<h1>May 2023</h1> <h2>Leroy Rogers Senior Center</h2>		

315 West 2nd Street, Tifton, GA 31793 229-556-6189

Fran Kinchen-Moss, Director ** Natasha Patrick, Site Manager