

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# June 2023

## LEROY ROGERS SENIOR CENTER

315 West 2<sup>nd</sup> Street, Tifton, GA 31793 (229) 556-6189

				<p>9am *Exercise 10am Senior Advisory <b>Mary B Birthday</b></p>	<p>10am Errand Day</p>	
<p>9am *Exercise 10am "Take a Trip" 10:15am *Chair Yoga</p>	<p>9am *Exercise 10am *Computer Class <b>11am *CPR Class</b></p>	<p>9am *Line Dance 10am *Bible Study 10:15am *Chair Yoga <b>1pm Bridge</b></p>	<p>9am *Exercise 10am Crafts w/Kim <b>Curtis Birthday</b></p>	<p>10am BINGO</p> 	<p><b>Beverly B-Day</b></p>	
<p>9am *Exercise <b>10:30am *Communications w/Alzheimer's</b> 10:15am *Chair Yoga</p>	<p>9am *Exercise 10am *Computer Class 10am BP/BS Checks</p>	<p>9am *Line Dance 10am *Bible Study 10:15 *Chair Yoga <b>1pm Bridge</b> <small>Flag Day (US)</small></p>	<p>9am *Exercise 10am *Medicare Counseling</p>	<p>10am JINGO <b>7pm *SELF</b></p> 		
	<p><b>CLOSED IN OBSERVANCE OF JUNETEENTH</b></p> <p><small>Juneteenth</small></p>	<p><b>NO EXERCISE</b> 10am *Computer Class</p> 	<p><b>NO EXERCISE</b> 10am *Bible Study 10:15am *Chair Yoga <b>1pm Bridge</b> <small>Summer Begins</small></p>	<p><b>NO EXERCISE</b> 10am Bingo w/Always Caring</p>	<p>10am *Music w/Deloris</p> 	
<p>9am *Exercise 10am *Round Table 10:15am *Chair Yoga</p>	<p>9am *Exercise 10am *Computer Class</p>	<p>9am *Line Dance 10am *Bible Study 10:15am *Chair Yoga <b>1pm Bridge</b></p>	<p>9am *Exercise 10am Crafts w/Tasha</p>	<p>10am *Walk-A-Long <b>Light walking in big room</b></p>	<p><b>"Let ALL that You do be done in Love."</b> <b>1 Cor. 16:14</b></p>	

All (\*) are open to 50+

Fran Kinchen Moss, Director \*\* Natasha Patrick, Site Manager